

### About Dr Shen



Dr. Shen Hongxun (Shanghai 1939), founder of the Buqi System, is a physician of Western medicine. Encouraged by Mao Tse Tung's healthcare reform in the early 1960's, which promoted the combination of Eastern and Western medicine, he studied Tradition Chinese Medicine such as Acupuncture and herbal medicine, subjects which he later taught to doctors of Western Medicine. At

the same time he began to treat some of his patients with the special forces he had developed during many years of training in bodily arts with great masters of Taiji and also during his studies of spiritual teachings with monks and Lamas of Taoist and Buddhist traditions. His medical background, together with the understanding of energy and emotion, allows Dr. Shen to approach healing in a scientific and health conscious way.

Dr Shen has been teaching the Buqi System in the West since 1987 after being invited to supervise Ph.D students in the Universities of Gent and Venice. Whilst Dr Shen's priority has always been in the development of Buqi for humans he has taught Buqi for Horses once before in the Netherlands.

### About Jo Osborne BHS IT/ISM (Reg'd), ITEC Dip, ESMA.

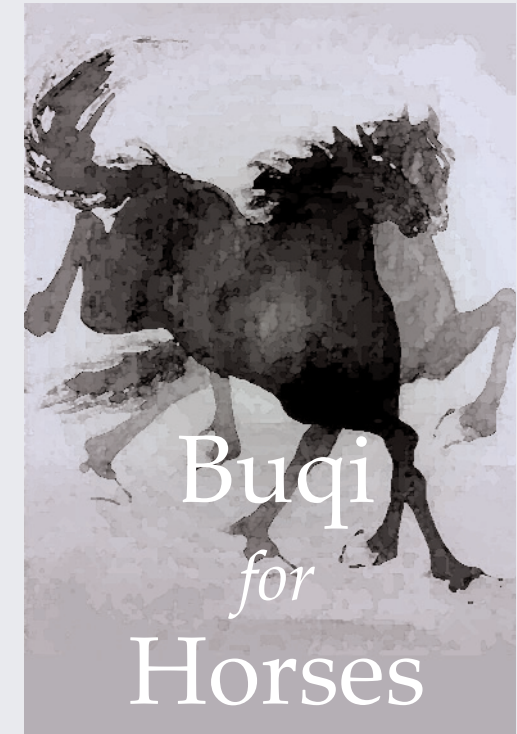


Jo Osborne has been studying with Dr Shen since 1995. She qualified as a Buqi Practitioner in 1998 and has been treating horses with Buqi since 2001. An equestrienne and equine therapist in her own right, she was specifically encouraged to develop Buqi for Horses by Dr Shen. Jo's equine related work with Buqi was published in Horse and Rider magazine (2004) outlining case studies.

She has since given lectures/demos about Buqi for Horses including at various equine based colleges, The Holistic Horse Show (2008) and 'BHS What's The Alternative? Event' (2009).

Jo currently treats both people and horses with Buqi and continues with training and development. She 'liberty trains' her own horses with natural dressage, gymnastics and friendship training using positive reinforcement techniques with a bias towards energetic practise.

Jo is very keen that the spiritual connection to our horses is enhanced along with our capacity to assist them physically, emotionally, energetically and respectfully.



16th -18th July 2010

[www.buqiforhorses.com](http://www.buqiforhorses.com)

01483 414330

07771 870389

[www.buqi.net](http://www.buqi.net)

The Buqi Healing System  
*for the benefit of horses*

taught by:

Dr Shen Hongxun  
The Founder of the Buqi System  
Jo Osborne  
Assistant Teacher

### About Buqi for Horses

Buqi is a unique energy healing therapy using non-touch vibrational energy forces. The practitioner develops this capacity over a period of time through specific developmental work. The result is a sensitive, non-invasive healing modality and bodywork therapy which can instigate real change for the benefit of the horse; affecting their emotions, expression and movement and alleviating ailments, pain and tension.

You can see many different responses during a Buqi session and there will be ongoing changes throughout the succeeding days. Buqi has been increasingly used for people over recent years, with good results, and there is a small collection of people who are able to provide this work for horses.

Horses can be highly emotional and overly-sensitive animals that are largely separated from their natural species requirements resulting in a plethora of physical and mental disharmonies. Working purely on the energy pathways of the horse the hormonal, nervous and musculo-skeletal systems can be brought increasingly into balance and with visible effect.

This course represents an opportunity to explore the Buqi System for a specifically equine application. Buqi's originator and founder, Dr Shen Hongxun is an eminent Chinese T'ai Chi Grandmaster, who will be assisted by Equine Buqi Therapist, Jo Osborne, an experienced Equestrienne and Buqi Practitioner.

Qualified Buqi Practitioners (for people) are currently available in the UK, Europe and USA along with those qualified to teach the principle exercises of Taijiwuxigong and Taiji internal forces work.

You will find further details at:

The Official Buqi Website

[www.buqi.net](http://www.buqi.net)

Buqi For Horses Website

[www.buqiforhorses.com](http://www.buqiforhorses.com)



### Course Outline

This course will be an intensive introduction to energy healing for equines. Attendees will understand the influences and factors affecting the energy system of the horse and rider, learn exercises with which to use for 'own development' and discover practical applications for use on horses.

Dr Shen's mastery is the perfect conduit for the developing student to progress. The weekend will provide a clear insight into the dynamics of Buqi and its effective use for horses and ponies.



### Who Is This Course For?

This course is appropriate for all those who want to understand and study internal energy forces in relation to the horse's movement, health and well-being. Equestrians, equine therapists, riders and particularly owners may want to develop more deeply on this level.

This course is open to non-equestrians who wish to connect with horses and for existing Buqi Practitioners who would like to work with horses in the future.



### Becoming A Buqi Practitioner

Individuals who wish to further their studies and become a Buqi Practitioner can follow the Professional Training as taught by Dr Shen Hongxun and The Buqi Institute.

Internal Forces development is an ongoing practise which can be continued with studies in Taijiwuxigong, Taiji 37 and meditation. There are courses held throughout the year where all are welcome.

### Course Details:

- Date: 16 - 18th July 2010
- Program: Daily: 10am - 5pm
- Venue: The Fortune Centre of Riding Therapy, New Forest, Hampshire. BH23 8EE.
- Cost: Tuition: £220.00  
Board: Local B & B  
(Optional) Lunch £7.50 & Dinner £9.50
- Booking: Pre-registration required  
Deposit £60.00
- Discounts: 20% Discount for Buqi Practitioners\*  
10% Earlybird Discount off tuition fees when a non-refundable deposit is received by 28th Feb 2010.

Contact Details: Tel: 01483 414330  
Mobile: 07771 870389  
Email: [jo@buqiforhorses.com](mailto:jo@buqiforhorses.com)

Confirmation of booking will be sent on receipt of your deposit. You will be sent the necessary practical details and a map. B&B list on request.

There is a limited opportunity for those wishing to bring their own horse.

### Booking Form:

Name: .....

Address: .....

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Tel:..... (M) .....

Email: .....

- Will participate in the Full Course £220.00
- 20% Discount off Tuition Fee £176.00
- Early Bird Discount Tuition Fee £198.00
- Would like accommodation information

Send to: 32A Hare Lane, Godalming, Surrey. GU7 3EE